

Let's LIFT THE LID on MENTAL ILLNESS with Australian Rotary Health



LIFT THE LID
on mental illness

Celebrate with us on **World Mental Health Day - October 10**
or any time during Mental Health Month in October.

1 in 7 young Australians suffer a mental health condition.

100% of proceeds will go to funding vital mental health research.

www.liftthelidonmentalillness.com.au

